

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Roosevelt at Salt Creek Assisted Living Edition <h1>January 2026</h1> <p><i>Dimensions Of Wellness</i></p> <p>Emotional Vocational Intellectual Environmental Health Services Social Physical Spiritual</p>				9:00-Good Morning News 9:45- Daily Chronicle 10:00- Chair Mobility: New Year New You Fitness 10:30- Word Searches 5:00- Roll and Cover New Year's Day	9:00- Good Morning and Music 10:00- Cardio Drumming 10:30- Find Hidden Object 1:30- "Musical Memories" w/ Jessica 1st Fl 2:00- Horse Races 5:00- Friday Night Feature Flix: Blue Hawaii (1961)	9:00- Gather Resident, Music 9:15- Daily Chronicle 9:30- Coffee Chat with MOD-7 th Fl 10:00- Chair Fitness 10:30-Memory Match 1:30- Ring Toss 2:30- Bingo 5:00- Evening Movie Your Choice
9:00 Gather Resident, Music 9:15 Daily Chronicle 9:30- Parachute Exercise (MC) 10:00- Sunday Chat in Theater 10:30 Sunday Stretch 1:30- Missing Letters 2:30 Bingo 5:00 Evening Movie Your Choice	9:15- Gather Resident & Music- 9:45- Daily Chronicle 10:00- Chair Fitness 10:00- Rosary W/ Frank in MC 10:30- Happy Tails w/ Frankie Dog 1:30 – Fancy Nails & Hand Massage 2:30- Ladybug Roll and Cover 2:30 Men's Club 5:00- Bingo	9:15 Good Morning News 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- Crosswords 1:30- New Years Vision Board 2:30- Name that Tune (MC) 5:45- Scouts Troupe 90 After Dinner Game Night	9:15- Good Morning News 9:30- Daily Chronicle 10:00- Chair Exercise 10:30 – Word Ladder 1:30- AL Concert w/ Jennifer Hall 2:30- MC Concert w/ Jennifer Hall 5:00- Loteria Mexican Bingo	9:00-Good Morning News 9:45- Daily Chronicle 10:00- Chair Mobility 10:30- Music Therapy W/ Diane 2:00- Bingo 2:30- Elvis Presley Birthday Bash (MC) 5:00- Roll and Cover	9:00- Good Morning and Music 10:00- Cardio Drumming 10:30- Find Hidden Object 1:00- Picture Day 1:30- Share Your Story 2:00- Friday Board Games 5:00- Friday Night Feature Flix: Return of the King: The Fall and Rise of Elvis (2024)	9:00- Gather Resident, Music 9:15- Daily Chronicle 9:30- Coffee Chat with MOD-7 th Fl 10:00- Chair Fitness 10:30- Winter Art Make & Take 1:00- Magnet Tile Therapy (MC) 2:30- Bingo 5:00- Evening Movie Your Choice
9:00 Gather Resident, Music 9:15 Daily Chronicle 9:30- Scarf Stretch (MC) 10:00 Sunday Stretch 10:30- Word Jumbles 1:30- Sensory Art (MC) 2:30 Bingo 5:00 Evening Movie Your Choice	9:15- Gather Resident & Music- 9:45- Daily Chronicle 10:00- Chair Fitness 10:00- Rosary W/ Frank in MC 10:30- Happy Tails w/ Frankie Dog 1:00- Teacher Appreciation Luncheon 1st Fl 1:30 – Fancy Nails & Hand Massage 2:30– Horse Races 2:30- Men's Club 5:00- Bingo	9:15 Good Morning News 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- Brain Teaser: Guess the Food 2:00- National Rubber Duck Day: Relay Games 3:00- Balloon Toss 5:00-Blackjack	9:15- Good Morning News 9:30- Daily Chronicle 10:00- Chair Exercise 1030- Finish the Phrase (MC) 11:00- Worship Service (1st FL) 11:00- American Sign Language w/ Jessica 2:00-Sparkling Wednesday Live Karaoke with Jason 5:00- Trivia Games	9:00-Good Morning News 9:45- Daily Chronicle 10:00- Chair Mobility 10:30- Word Searches 2:00- Bingo 2:00- MC Family Engagement w/ Thom + Mac Duo (In MC) 5:00- Roll and Cover	9:00- Good Morning and Music 10:00- Cardio Drumming 10:30- Find Hidden Object 1:00- Finish the Lyric Live (MC) 2:00 Friday Board Games 5:00- Friday Night Feature Flix: Jailhouse Rock (1957)	9:00- Gather Resident, Music 9:15- Daily Chronicle 9:30- Coffee Chat with MOD-7 th Fl 10:00- Chair Fitness 10:30- Card Game 1:30 Bingo 2:30- Tim Wilsey Presents "Elvis is The King" (1st Fl) 5:00- Evening Movie Your Choice
9:00 Gather Resident, Music 9:15 Daily Chronicle 10:00- Sunday Stretch 10:00 Janet and Grant The Dog Live Performance (MC) 1:30- Missing Letters 2:00- John Boda Presents: Sound Of Music History (1st Fl) 2:30- Bingo w/ John 5:00 Evening Movie Your Choice	9:15- Gather Resident & Music- 9:45- Daily Chronicle 10:00- Chair Fitness 10:00- Rosary W/ Frank in MC 10:30- Happy Tails w/ Frankie Dog 1:30 – Fancy Nails & Hand Massage 2:00- MLK: I Have a Dream Discussion & Activity 2:30 Men's Club 5:00- Bingo Martin Luther King Jr. Day	9:15 Good Morning News 9:45- Daily Chronicle 10:00- Menu Chat 10:30- Crosswords 1:30- Spin Karaoke 2:30- Over the Net 3:00 Balloon Toss 5:00-Rock Around The Clock	9:15- Good Morning News 9:30- Daily Chronicle 10:00 AL Resident Town Hall 10:30 Fitness Dance 2:00- Passport Series: Albania Day (1st Fl) 5:00- Loteria Mexican Bingo	9:00-Good Morning News 9:45- Daily Chronicle 10:00- Chair Mobility 10:30- Music Therapy W/ Diane 1:00- Bingo w/ ICCP (MC) 2:00- Bingo (AL) 5:00- Twenty Questions Trivia	9:00- Good Morning and Music 10:00- Cardio Drumming 10:30- Find Hidden Object 1:00- Uno to Twenty One (MC) 2:00- Steel Drums and Pina Coladas (1st Fl) 5:00- Friday Night Feature Flix: King Creole (1958)	9:00- Gather Resident, Music 9:15- Daily Chronicle 9:30- Coffee Chat with MOD-7 th Fl 10:00- Chair Fitness 10:30- Saturday Arts and Crafts 1:00- Magnet Tile Therapy (MC) 2:30- Bingo 5:00- Evening Movie Your Choice
9:00 Gather Resident, Music 9:15 Daily Chronicle 10:00- Sunday Chat in Theater 10:30 Sunday Stretch 1:30- Missing Letters 2:30 Bingo 5:00 Evening Movie Your Choice	9:15- Gather Resident & Music- 9:45- Daily Chronicle 10:00- Chair Fitness 10:00- Rosary W/ Frank in MC 10:30- Happy Tails w/ Frankie Dog 1:00- ICCP Student Visits 1:30 – Fancy Nails & Hand Massage 2:30- Horse Races 2:30 - Men's Club 5:00- Bingo Australia Day (Observed)	9:15 Good Morning News 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- Crosswords 1:30- Winter Scenic Drive w/ Cocoa and Conversations 2:30- Table Top Game 3:00 Balloon Toss 5:00-Blackjack	9:15- Good Morning News 9:30- Daily Chronicle 10:00- Chair Exercise 10:30- Make, Bake & Take 11:00- Worship Service (1st Fl) 1:00- Over the Net w/ ICCP (MC) 2:00-Sparkling Wednesday 5:00- Trivia Games	9:00-Good Morning News 9:45- Daily Chronicle 10:00- Chair Mobility 10:30- Word Searches 1:30- Twilight Zone Watch & History 3:00- Flip Cup (MC) 5:00- Roll and Cover	9:00- Good Morning and Music 10:00- Cardio Drumming 10:30- Find Hidden Object 1:00- Rosary w/ ICCP Students 2:00- Horse Races 5:00- Friday Night Flix: Viva Las Vegas (1964)	9:00- Gather Resident, Music 9:15- Daily Chronicle 9:30- Coffee Chat with MOD-7 th Fl 10:00- Chair Zumba w/ Marianne 10:30-Memory Match 1:30- Ring Toss 2:30- Bingo 5:00- Evening Movie Your Choice