


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
 <h1 style="margin: 0;">October 2024</h1> <p style="margin: 0;">The Roosevelt At Salt Creek Assisted Living</p>								
<p>10:15- Daily Agenda 10:30- Trivia 11:15- Chair Yoga 1:15- Go Fish 2:15- White Board Games Sunday Brunch Noon-3pm</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 10:00- Brain Fitness 10:30- Arts & Craft Club- Paper Plate Pumpkin Face 1:30- Manicures 2:30- Horse Races 5:00- Bingo</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Sit and Be Fit 10:30- Memory Match 1:00- Menu Chat 1:30 - Baking Secrets- Pretzels 2:30 -Pitching Pennies 5:00 Game Of The Night</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- Bucket Challenge 1:30- Music Appreciation Day: Ray Charles 3:00- Pumpkin Painting and Apple Cider 3rd FL 5:00-Bingo</p> <p style="text-align: right; font-size: small;">Rosh Hashanah Begins</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:00- Assisted Living Resident Council 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:30- Music Therapy 1:15- Seniors Helpers Bingo 2:30-Rock Around the Clock 5:00-Travelogue with Louie-Hawaii</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Chair Yoga 10:30- White Board Games 12-2- Voter Registration 1st Fl Main Lobby 2:00- Happy Hour- Steve Accardo 6:00- Wheel Watchers</p>	<p>9:15 – Gather Residents, Music 9:30- Daily Chronicle 11:00- Balloon Toss 1:30- Making Muffins 2:15- Bingo 5:15 Evening Movie Your Choice</p>		
<p>10:15- Daily Agenda 10:30- Trivia 11:15- Chair Yoga 1:15- Pitching Pennies 2:15 – Roll & Cover 5:15- Evening Movie</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Brain Fitness 10:30 –Arts & Craft Club- Fall Tree 1:30- Manicures 2:30- Horse Races 5:00- Bingo</p> <p style="font-size: x-small;">Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Sit and Be Fit 10:30- Word Scramble 1:30 - Baking Secrets- Pumpkin Cookies 2:30 Balloon Bam 5:00 Game Of The Night</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- Sing Along Therapy 11:00- Memory Match 1:30- Hinsdale Humane Society Dog Visit 2:00- Hocus Pocus Watch Party with Popcorn in JBR 5:00- Bingo</p> <p style="text-align: right; font-size: x-small;">Sukkot Begins</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Vaccine Clinic in Bistro 11:00- Sing Along 1:30- Bingo 2:00- Resident Council Meeting 5:00-Travelogue with Louie- Italy</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Chair Yoga 10:30- Read Me A Story 2:00- Happy Hour- Bob Kalal 6:00- Wheel Watchers</p>	<p>9:15 – Gather Residents, Music 9:30- Daily Chronicle 11:00- Balloon Toss 1:30- Making Muffins 2:15- Bingo 5:15 Evening Movie Your Choice</p>		
<p>10:15- Daily Agenda 10:30- Trivia 11:15- Chair Yoga 1:15- Go Fish 2:15 – White Board Games 5:15- Evening Movie</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Brain Fitness 10:30 –Arts & Craft Club- Paper Square Pumpkin Collage 1:30- Manicures 2:30- Horse Races 5:00- Bingo</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Chair Exercise 10:30- Memory Match 1:30- Personal Pan Pizza with Milanka 2:30- Brain Games 5:00 Game Of The Night</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Sit and Be Fit 10:30- Bowl Jokes 11:00- Memory Match 1:30- Music Appreciation Day: Frank Sinatra 5:00- Bingo</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:30- Music Therapy 1:30- Bingo 2:30-Rock Around the Clock 5:00-Scenic Route Bus Drive Fall/Halloween Decorations</p> <p style="text-align: right; font-size: x-small;">Simchat Torah Begins</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- National Geographic-Australia 11:00- Chair Yoga 2:00- Happy Hour- TBA 6:00- Wheel Watchers</p>	<p>9:15 – Gather Residents, Music 9:30- Daily Chronicle 11:00- Balloon Toss 1:30- Making Muffins 2:15- Bingo 5:15 Evening Movie Your Choice</p>		
<p>10:15- Daily Agenda 10:30- Trivia 11:15- Chair Yoga 2:00- John Boda: October Thru The Decades 1st Floor JBR Room</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 10:00- Brain Fitness 10:30- Arts & Craft Club- Spider Web 1:30- Manicures 2:30- Horse Races 5:00- Bingo</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- Word Scramble 12:00- Birthday Luncheon Crystal Dining Room 2:30- Balloon Bam 5:00- Game Of The Night</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- What Comes Next 1:30- Art Appreciation Day: Picasso 2:00- Chef's Table 1st Floor JBR 5:00- Bingo</p>	<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Music Documentary: Dolly Parton 11:00- Noodles and Balloons 1:30- Bingo 2:30- Rock Around the Clock 5:00- Halloween Movie in JBR Title: The Addams Family Halloween</p>	<h2 style="margin: 0;">Dimensions Of Wellness</h2> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Emotional</p> <p>Vocational</p> <p>Intellectual</p> <p>Environmental</p> </td> <td style="width: 50%; vertical-align: top;"> <p>Health Services</p> <p>Social</p> <p>Physical</p> <p>Spiritual</p> </td> </tr> </table>		<p>Emotional</p> <p>Vocational</p> <p>Intellectual</p> <p>Environmental</p>	<p>Health Services</p> <p>Social</p> <p>Physical</p> <p>Spiritual</p>
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