

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Dimensions Of Wellness

Emotional Vocational Intellectual Environmental Health Services Social Physical Spiritual

9:15- Gather Resident, Music 1
 9:30- Daily Chronicle
 10:00- Chair Yoga
 10:30- Art Club Hub
 1:30- Bowling
 2:30- Bingo
 5:15- Evening Movie You Pick

10:15- Daily Agenda & Chronicle 2
 10:30- Trivia
 11:00- Chair Yoga
 1:30- Go Fish
 2:30- White Board Games
 Groundhog Day

9:00- Good Morning Club 3
 9:15- Gather Resident & Music
 9:45- Daily Chronicle
 10:00- Chair Fitness
 10:30- Manicures
 1:30- Arts and Crafts
 2:30- Horse Races
 2:30- Men's Club
 5:00- Bingo

9:00- Good Morning Club 4
 9:15- Gather Resident & Music
 9:45- Daily Chronicle
 10:00- Sit and Be Fit
 10:30- Memory Match
 1:00- Menu Chat JBR
 2:30- Sensory Hands
 5:00- "Smile A While" w/ Vinyl Records

9:00- Good Morning Club 5
 9:15- Gather Residents & Music
 9:45- Daily Chronicle
 10:00- Sit and Be Fit
 10:30- Memory Match
 2:00- Wine Down Wednesdays
 5:00- Bingo

9:00- Good Morning & Music 6
 9:45- Daily Chronicle
 10:30 Music Therapy w/Diane Horne
 10:30- Word Searches
 1:30- Bingo
 2:00- Waffle Love "Make & Take Waffles"

9:00- Good Morning & Music 7
 9:45- Daily Chronicle
 10:00- Chair Yoga
 10:45- Tongue Twister And Laugh
 2:00- Happy Hour with Rebecca R.
 5:00- Friday Night Flix

9:15- Gather Resident & Music 8
 9:30- Read Activities
 9:45- Daily Chronicle
 10:00- Chair Yoga
 10:30- Art Club Hub
 1:30- Bowling
 2:30- Bingo
 5:15- Movie you Pick

10:15- Daily Agenda & Chronicle 9
 10:30- Trivia
 11:00- Chair Yoga
 12:00-3:00 Sunday Brunch
 1:30- Go Fish
 2:30- White Board Games
 5:00- Superbowl Watch Party Chiefs VS Eagles

9:00- Good Morning Club 10
 9:15- Gather Resident & Music
 9:45- Daily Chronicle
 10:00- Chair Fitness
 10:30- Manicures
 1:30 Live Music and Stories with Janet & Grant the Dog
 2:30- Horse Races
 2:30- Men's Club
 5:00- Bingo

9:00- Good Morning Club 11
 9:15- Gather Resident & Music
 9:45- Daily Chronicle
 10:00- Sit and Be Fit
 10:30- Memory Match
 1:30- Balloon Toss
 2:30- Sensory Hands
 5:00- "Smile A While" w/Vinyl Records

9:00- Good Morning Club 12
 9:15- Gather Residents & Music
 9:45- Daily Chronicle
 10:00- Sit and Be Fit
 10:30- Memory Match
 2:00- Wine Down Wednesdays
 2:30- John LeGear "Black History in Movies and Music"
 5:00- Bingo
 Tu B'Shevat Begins

9:00- Good Morning & Music 13
 9:45- Daily Chronicle
 10:00- Chair Dance Exercise
 10:30- Word Searches
 12:00- Galentine Luncheon 1st Floor Dining Room
 1:30- Bingo
 2:30pm Ferris Wheels & Amusement Parks
 5:00- Balloon Bam

9:00- Good Morning & Music 14
 9:45- Daily Chronicle
 10:00- Chair Yoga
 10:45- Valentine's Poetry
 2:00- Happy Hour with Dave "Elvis" Thomas
 5:00- Friday Night Flix
 Valentine's Day

9:15- Gather Resident & Music 15
 9:30- Read Activities
 9:45- Daily Chronicle
 10:00- Chair Yoga
 10:30- Art Club Hub
 1:30- Bowling
 2:30- Tim Wilsey "Hollywood Affairs + Romances" 1st Floor JBR
 5:15- Movie you Pick

10:15- Daily Agenda & Chronicle 16
 10:30- Trivia
 11:00- Chair Yoga
 1:00- Oscar Nominated Film: Wicked 1st Floor JBR

9:00- Good Morning Club 17
 9:15- Gather Resident & Music
 9:45- Daily Chronicle
 10:00- Chair Fitness
 10:30- Manicures
 1:30- Arts and Crafts
 2:30- Horse Races
 2:30- Men's Club
 5:00- Bingo
 Presidents' Day (U.S.)

9:00- Good Morning Club 18
 9:15- Gather Resident & Music
 9:45- Daily Chronicle
 10:00- Sit and Be Fit
 10:30- Memory Match
 1:30- Bingo w/Senior Helpers
 2:30- Sensory Hands
 5:00- "Smile A While" W/ Vinyl Records

9:00- Good Morning Club 19
 9:15- Gather Residents & Music
 9:45- Daily Chronicle
 10:00- Town Hall Meeting
 11:00- Memory Match
 2:00- Wine Down Wednesdays
 5:00- Bingo

9:00- Good Morning & Music 20
 9:45- Daily Chronicle
 10:30 Music Therapy w/Diane Horne
 10:30- Word Searches
 1:00- Spelling Bee
 2:30- Rock Around the Clock
 5:00- Balloon Toss

9:00- Good Morning & Music 21
 9:45- Daily Chronicle
 10:00- Chair Yoga
 10:45- Tongue Twister And Laugh
 2:00- Happy Hour with Frank Rossi
 5:00- Friday Night Flix

9:15- Gather Resident & Music 22
 9:30- Read Activities
 9:45- Daily Chronicle
 10:00- Chair Yoga
 10:30- Art Club Hub
 1:30- Bowling
 2:30- Bingo
 5:15- Movie you Pick

10:15- Daily Agenda & Chronicle 23
 10:30- Trivia
 11:00- Chair Yoga
 12:00-3:00 Sunday Brunch
 1:30- Go Fish
 2:00- John Boda "Valentines Love Songs" 1st Fl
 2:30- White Board Games

9:00- Good Morning Club 24
 9:15- Gather Resident & Music
 9:45- Daily Chronicle
 10:00- Chair Fitness
 10:30- Manicures
 11:30- Birthday Luncheon CDR
 1:30- Arts and Crafts
 2:30- Horse Races
 2:30- Men's Club
 5:00- Bingo

9:00- Good Morning Club 25
 9:15- Gather Resident & Music
 9:45- Daily Chronicle
 10:00- Sit and Be Fit
 10:30- Memory Match
 1:30 Live Music and Stories with Janet & Grant the Dog
 2:30- Sensory Hands
 5:00- "Smile A While" W/ Vinyl Records

9:00- Good Morning Club 26
 9:15- Gather Residents & Music
 9:45- Daily Chronicle
 10:00- Sit and Be Fit
 10:30- Memory Match
 2:00- Chef's Table JBR
 2:00- Wine Down Wednesdays
 5:00- Bingo

9:00- Good Morning & Music 27
 9:45- Daily Chronicle
 10:00- Chair Dance Exercise
 10:30- Word Searches
 1:30- Bingo
 2:30- Rock Around the Clock
 5:00- Sing -A-Long with Louie

9:00- Good Morning & Music 28
 9:45- Daily Chronicle
 10:00- Chair Yoga
 10:45- Jokes & Laughs
 2:00- Happy Hour with Verne Allison
 5:00- Friday Night Flix
 Ramadan Begins

9:15- Gather Resident & Music
 9:30- Read Activities
 9:45- Daily Chronicle
 10:00- Chair Yoga
 10:30- Art Club Hub
 1:30- Bowling
 2:30- Bingo
 5:15- Movie you Pick