

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

The Roosevelt At Salt Creek Assisted Living

# November 2024



Dimensions Of Wellness

Emotional Vocational Intellectual Environmental Health Services Social Physical Spiritual

	<p>The Roosevelt At Salt Creek Assisted Living</p> <h1>November 2024</h1> <p>Dimensions Of Wellness</p> <p>Emotional Vocational Intellectual Environmental Health Services Social Physical Spiritual</p>						<p>9:00 Good Morning Club 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Chair Yoga 10:30- Read Me A Story 2:00- Happy Hour- Don Reitsma 5:00- Friday Night Family Feud Watchers</p> <p>Diwali (Hindu)</p>
<p>10:15- Daily Agenda <b>3</b> 10:30- Trivia 11:15- Chair Yoga 1:15- Go Fish 2:15- White Board Games <b>Sunday Brunch</b> Noon-3pm</p> <p>Daylight Saving Time Ends</p>	<p>9:00 Good Morning Club <b>4</b> 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 10:00- Chair Fitness 10:30- Manicures 1:30- Arts &amp; Craft Club- Cinnamon Ornaments 2:30- Music Appreciation- 5:00- Bingo</p>	<p>9:00 Good Morning Club <b>5</b> 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Sit and Be Fit 10:30- Memory Match 1:00- Scenic Drive - Cider &amp; Scenery 5:00 Rock Around The Clock</p>	<p>9:00 Good Morning Club <b>6</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- Horse Races 1:30- Baking – Gingerbread Cookies 5:00-Bingo</p>	<p>9:00 Good Morning Club <b>7</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:30- Word Search 1:30- Bingo 2:30-Rock Around the Clock 5:00- Over The Net</p>	<p>9:00 Good Morning Club <b>8</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Chair Yoga 10:30- White Board Games 2:00- Happy Hour- Gayle Basesi 5:00- Friday Night Movie – Casablanca</p>	<p>9:15 – Gather Residents, Music <b>9</b> 9:30- Daily Chronicle 11:00- Chair Yoga 1:30- Making Muffins 2:15- Bingo 5:15 Evening Movie Your Choice</p>	
<p>10:15- Daily Agenda <b>10</b> 10:30- Trivia 11:15- Chair Yoga 1:15- Pitching Pennies 2:00- Eric Barnes Pianist 1<sup>ST</sup> Floor Main Lobby</p>	<p>9:00 Good Morning Club <b>11</b> 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Chair Fitness 10:30- Manicures 1:30- Janet with Grant The Dog 2:30- Balloon Toss 5:00- Bingo</p> <p>Veterans Day Remembrance Day (Canada)</p>	<p>9:00 Good Morning Club <b>12</b> 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Sit and Be Fit 10:30- Word Scramble 1:00- Menu Chat 1:30- Baking Sweet Potatoes 5:00 Sing a-long with Louie</p>	<p>9:00 Good Morning Club <b>13</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- Sing Along Therapy 11:00- Memory Match 1:30- Hummus Tasting with Pita Bread 3<sup>rd</sup> Floor 5:00- Bingo</p>	<p>9:00 Good Morning Club <b>14</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:30- Music Therapy With Diane Horne 1:30- Bingo 5:00- Over The Net</p>	<p>9:00 Good Morning Club <b>15</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Chair Yoga 10:30- Read Me A Story 2:00- Happy Hour- Liz Goss 5:00- Friday Night I Love Lucy Watchers</p>	<p>9:15 – Gather Residents, Music <b>16</b> 9:30- Daily Chronicle 11:00- Chair Yoga 1:30- Making Muffins 2:15- Bingo 5:15 Evening Movie Your Choice</p>	
<p>10:15- Daily Agenda <b>17</b> 10:30- Trivia 11:15- Chair Yoga 1:15- Go Fish 2:15 – White Board Games</p>	<p>9:00 Good Morning Club <b>18</b> 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Chair Fitness 10:30- Manicures 1:30- Arts &amp; Craft Club- Gratitude Trees 2:30- Music Appreciation 5:00- Bingo</p>	<p>9:00 Good Morning Club <b>19</b> 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Chair Exercise 10:30- Memory Match 1:15- Seniors Helpers Bingo 2:30- Bowling 5:00 Rock Around The Clock</p>	<p>9:00 Good Morning Club <b>20</b> 9:15- Gather Residents, Music 9:30-Resident Council Main Lobby 9:45- Daily Chronicle 10:00 Sit and Be Fit 10:30- Horse Races 11:00- Memory Match 1:30- Hinsdale Humane Society Dog Visit 2:00- Home For The Holidays Watch Party with Popcorn 1<sup>st</sup> Floor JBR 5:00- Bingo</p>	<p>9:00 Good Morning Club <b>21</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:30- Travelogue 1:30- Bingo 2:30-Rock Around the Clock 5:00- Over The Net</p>	<p>9:00 Good Morning Club <b>22</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- National Geographic- National Parks 11:00- Chair Yoga 2:00- Happy Hour- Gerry Glander 5:00- Friday Night Family Feud Watchers</p>	<p>9:15 – Gather Residents, Music <b>23</b> 9:30- Daily Chronicle 11:00- Chair Yoga 1:30- Making Muffins 2:15- Bingo 5:15 Evening Movie Your Choice</p>	
<p>10:15- Daily Agenda <b>24</b> 10:30- Trivia 11:15- Chair Yoga 1:15- Roll and Cover 2:00- John Boda: 1<sup>st</sup> Floor JBR Room</p>	<p>9:00 Good Morning Club <b>25</b> 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 10:00- Chair Fitness 10:30- Manicures 1:30- Arts &amp; Craft Club- Paper Turkeys 2:30- Music Appreciation 5:00- Bingo</p>	<p>9:00 Good Morning Club <b>26</b> 9:15- Gather Residents, Music 9:30- Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- Word Scramble 12:00 - Birthday Luncheon Crystal Dining Room 2:30- Balloon Bam 5:00 Sing a-long with Louie</p>	<p>9:00 Good Morning Club <b>27</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00- Sit and Be Fit 10:30- What Comes Next 1:30- Art Appreciation Day: W.H. Fitch 2:00- Chef's Table 1<sup>st</sup> Floor JBR 5:00- Bingo</p>	<p>9:00 Good Morning Club <b>28</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:30- Music Therapy With Diane Horne 11:00- Noodles and Balloons 1:30- Bingo 2:30- Rock Around the Clock 5:00- Over The Net</p> <p>Thanksgiving Day</p>	<p>9:00 Good Morning Club <b>29</b> 9:15- Gather Residents, Music 9:30-Announcements, Menu, Read Activities 9:45- Daily Chronicle 10:00 Chair Yoga 10:30- Read Me A Story 2:00- Happy Hour- Jen H. 5:00- Friday Night I Love Lucy Watchers</p>	<p>9:15 – Gather Residents, Music <b>30</b> 9:30- Daily Chronicle 11:00- Chair Yoga 1:30- Making Muffins 2:15- Bingo 5:15 Evening Movie Your Choice</p>	